



PARISH NEWS

JUNE/JULY 2017

MIDDLETON, NORTH RUNCTON & EAST WINCH

FUND RAISING SUCCESS AT NORTH RUNCTON

The "Yard Sale" and "Sponsor a Tile" events held in support of All Saints Church Restoration Fund on Easter Saturday have so far raised over £1,000.

"This amazing outcome would not have been possible without the tremendous effort and dedication of the organising committee, members of the Parish Council and many other folk who willingly gave of their time and to whom a huge thank you is due" said Churchwarden, Ken Matthews.

While raising money was certainly the main aim of the day, it was clear there was an enormous secondary benefit as the streets of the village filled with people and vehicles, not only from North Runcton but many surrounding villages.

New and old acquaintances were established as folk visited the Church to sponsor a tile or snap up a bargain at the yard sales situated across the village.

Apologies to Andy, the postie and the Council bin men who found their trip through the village a little slower than usual!!

Such was the success of the day; it is proposed to have another event in the not too distant future.

QUIZMASTER BOWS OUT

The "5-a-Time Quiz" has been a regular feature of the Parish News for many years - probably the best part of two decades. Even the quizmaster, Mike Smith, is not sure exactly how long it has been running!

I have seen a copy of the Parish News from 2001 which includes the quiz and which suggests that it was already well established by that stage. That edition also refers to the answers of a special Summer "prize" quiz and I understand that special Christmas quizzes were also run from time to time.

Unfortunately, Mike Smith has recently been unwell. He now has to take life at a rather slower pace and cannot continue with his duties as quizmaster. I would like to take this opportunity, on behalf of all readers past and present who have enjoyed the "5-a-Time" quiz and the occasional special quizzes, to thank Mike for his huge contribution to the magazine over such a long period. Our knowledge of local history, geography, events and much else will be the poorer without the stimulus of Mike's ingenious questions. On a rough calculation, he must have come up with 1,000 or more questions over the years.

We wish Mike a full and speedy recovery but, unless there are any other budding quizmasters out there who would like to take on the challenge, the "5-a-Time Quiz" will no longer appear on these pages.

Chris Hudson, Editor

Thanks For Sponsoring Me

by Stewart South

I am very happy to report that I achieved what I said I would do in the last issue of the Parish News. I ran the Norwich Half Marathon on Sunday 9th April, by far the hottest day of the year. And the course was very hilly, making it doubly tiring. Plus, I ran the King's Lynn 'GEAR' 10K on Sunday 30th April, enjoying a great atmosphere running through the main streets of the town. And, yes, I have attracted some sponsorship.



Norwich Half Marathon - only a few yards to go!

Thank you so much to all of you who sponsored me - I'm most grateful. I raised £680, which far exceeded my expectations. You will be pleased to know that this money has already gone to Addenbrooke's Hospital where it is contributing to a kidney research project, which is looking at how to prevent some transplanted kidneys from failing.

Also, to those of you who have signed up as a would-be organ donors, another big 'Thank You'. You can find out more about this at www.organdonation.nhs.uk or call 0300 123 23 23.

Thanks again. Stewart

SUPPORT EAST WINCH BABY & TODDLER GROUP

East Winch Baby and Toddler Group would like to recruit some new members.

The Group has run for more than 25 years and meets in the village hall every Tuesday during term time from 9:30am to 11:30am.

Entry is £2.50 per child and 50p for additional children. Unlimited tea and coffee for adults and a snack for children is included in the price. There is no need to book and everyone is welcome. For more information call Sarah Stovold on 07871 110188 or find the group on Facebook.

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East Winch Church News

By Nell Steele

Disaster!

The lead was stolen from the north and south aisle roofs during the night on 11th-12th May.



Ironically, we were working with the diocese to get a comprehensive alarm system fixed when it happened. It seems from the marks on the grass that the thieves came in across the fields. If anyone has any information that might help to trace the culprits, please contact the police.



And the next day would be the one when it rained for the first time in weeks! It looks as if other projects will have to be put on hold till this is sorted out.

Adopt a Brick update

The plan has raised £140 to date, and lots of people have contributed. Especially lovely are the contributions that come in from children, because although it's the parents or grandparents who actually donate, the fact that

the children's names will be recorded acknowledges that the church is for the future as well as the past.

Yard Sale Cancelled

Sadly, we have decided not to go ahead with the Yard Sale on 3rd June. Although we've had offers of things to sell, no-one has said they'd open their gardens for sales to take place. We're not giving up the idea, and may try again in September or next year.

Nell's Old Fashioned Tea Party on Saturday, 1st July

Every year I hold this party in my garden in aid of the One to One Project, which offers free, long-term counselling or mentoring to people in West Norfolk with deep seated mental health problems. While the NHS usually offers 6 counselling sessions, One to One offers up to 52. Please support the event and enjoy home made cake and tea with real tea leaves - tea bags are banned for the afternoon! Let me know if you'd like to come so we can cater for you. Entry is £5 per person.

SNETTISHAM BEACH SAILING CLUB - OPEN DAY

The Club will be holding its second Open Day of the year on **Saturday, 8 July from 2:00pm.**

Everyone is welcome to come along and try sailing – all for free!

There is no need to book in advance just come along on the day! Just bring footwear you don't mind getting wet, a windproof top, a change of clothes, and a towel.

No experience is necessary and would-be sailors of all ages from 8 years upwards are welcome. Children, you must be accompanied by an adult but your adult doesn't have to go sailing. Come and chat with our members and find out how you can get into sailing. For full details see www.snetbeach.co.uk.



West Norfolk Rural Community Games

The 2017 village games has taken a new format. The Community Games is a FREE event for any village in West Norfolk and is designed to enable communities to come together with friends and neighbours for a bit of sporting fun and competition.

There are 5 separate events, any village can enter a team in just one event or all five. There will be a village winner and a runner up at each event and all will receive medals.

Points will be won by each team who enters on the day which will add up to identify an overall village winner who will be announced at the end of the year.

Points will be awarded as follows:

- 1st place – 10 points
- 2nd place – 8 points
- 3rd place – 6 points
- 4th place – 4 points
- 5th place – 2 points

All teams that enter will receive 1 point.

West Norfolk Community Sports will keep a record of outcomes from each event and a running total will be displayed on this website:

<http://www.aliveleisure.co.uk/alive-sports-development/rural-sports>.

The website will be updated in advance of each event taking place so that full information is available with regards to arrival times and any further details. Please revisit often to ensure you are up to date.

JUNE: FOOTGOLF will take place at **Tilney Sport, Tilney on 16th June 6pm - 9pm**. Your team can include up to a maximum of 3 adults and 3 juniors. Juniors will be aged 8 – 15 years and adults will be 16 years plus.

JULY: If you get the Wimbledon bug, July's event is **TENNIS at Alive Lynn sport on Wednesday 19 July 6pm -9pm**. Teams will be mixed doubles and each village can enter a junior and adult team. Adult team are 16 years and over and junior teams are 8 to 15 years.

SEPTEMBER: WHEELCHAIR BASKETBALL will take place at **Alive Lynn sport on Friday 8th September 6pm – 9pm**. Villages can enter a junior and adult team. Each team needs 5 players and must consist of a minimum of 2 females. Adult teams are 16 years and over, and junior teams are 12 to 15 years.

OCTOBER: Finally, **BADMINTON and TABLE TENNIS** will be held on **Friday 13th October at Terrington High School, Terrington St Clements from 6pm – 9pm**. For both events teams, will be mixed doubles and each village can enter a junior and adult team. Adult teams are 16 years and over, and junior teams are 8 to 15 years. Remember you need separate teams for each as they are on at the same time!

General information

Junior players can replace adult players if a team struggles to get a full adult team. Any village in West Norfolk can enter.

If you live in one of the GLEAM TEAM parishes (Gayton, Leziate, East Winch, Ashwicken or Middleton) and would like to take part in any of the above events (or would like more information), then please contact Sarah Byatt, Village Sports Co-ordinator, via email villagegames@hotmail.co.uk or phone/text 07913 439222.



**OPEN DAY
EAST WINCH
WILDLIFE CENTRE**

**SUNDAY, 23RD JULY
10:00AM - 4:00PM**



See behind the scenes and talk to the staff. Demonstrations, tombola, stalls, competitions, BBQ refreshments plus lots more. **Free parking**. No dogs except assistance dogs. Admission: Adults £3 Children £2.

RSPCA East Winch Wildlife Centre, Gayton Road, East Winch, King's Lynn, PE32 1LG.

Middleton Parish Council Chairman's Report

By Mick Porter

The April Parish Council meeting was preceded by the Annual Parish meeting. This is an opportunity for parishioners to find out what the Parish Council has achieved throughout the past year and to also learn what the various clubs have been doing. Although the Annual Parish Council meeting was well advertised in the Parish Magazine the turnout was very disappointing.

April also saw the formal opening of the play and activity area by the Mayor of King's Lynn, this was also published in the Parish Magazine and again the response was very disappointing. Weekly and quarterly inspections of the equipment will be carried out by Ultimate Land and Gardens.

It was reported that slurry had been disposed of at Mill Drove which has ended up in the Middleton Plantation at Fosters End. Anglia Water are investigating how this has occurred.

With an increase in use of the playing field there has been an increase in litter on the field, this also involved dog waste. There are adequate waste and dog waste bins in this area and it is hoped that people using the field take advantage of them.

Various highway problems have been identified and reported to the Highways department. There is now a portal via the King's Lynn and West Norfolk Borough Council website where anyone can report any highways problem.

Under the Parish Partnership Scheme a Norfolk County Council initiative, the Parish Council has been granted 50% of the cost of an additional VAS sign.

The recent week long traffic survey carried out on Hill Road and Station Road showed that the average movement of HGVs is lower than the survey carried out in 1991. For Hill Road the average was 100 and for Station Road the average was 135 movements. In November 1991 the HGV average for Station Road was 233 movements. The full survey results are available on request from the Parish Clerk.

There has been a complaint about the early movements of HGVs along Hill Road, sometimes as early as 4.30am. The Parish Council will contact Highways to see if there is any legislation that restricts movements as early as this.

MIDDLETON BUS STOP REQUEST

Dear Editor

Since moving to Middleton last year it has become apparent that there is no formal bus stop in the village, and as a result our home; next to the church/opposite Middleton's Steak House has been used as such.

We've been in contact with the Council and Highways Agency to try and establish a safe and permanent stop for both pedestrians and buses. This was supposed to be installed in March but we're still waiting.

Though it's not where I deem the 'best' location in terms of safety or access for pedestrians, it was the best of a bad set of 3 proposed locations.

The formal and permanent stop will eventually be erected at the carrstone wall, past the driveway of the house next to the church, close to the trees where the roof ends on the left side. The height of the wall lowers here and it's at this point where the bus stop pole will be concreted.

Whilst we wait for the bus stop sign to make an appearance, we would kindly ask that anyone waiting for a bus please do so at the 'stop' and not outside our home. It's disturbing and disheartening to see and hear people in our porch, leaning against and standing by our windows and walls.

Many thanks and best wishes.

(Name & Address Supplied)

DATE FOR THE DIARY

St Botolph's Church, Gayton Road, Grimston are having a "Last Night of the Proms" evening and concert in church on **Saturday 16th September at 7.30pm** with the Bilton Silver (Rugby) Band. Tickets will be £10 on the door.

Proceeds from the evening will be going to the church funds.

For more details and tickets please contact 01553 674286.



SUMMER EVENTS & VOLUNTEERS

CHARITY WALK AND RUN

Trinity Rotary Club, Kings Lynn, and the Magpie Centre, home of West Norfolk Riding for the Disabled Association, are holding a Walk and Run event on **Saturday, 17 June** in the fabulous grounds of Wallington Hall, South Runcton, PE33 0EP. Find us on the A10, about three miles north of Downham Market.

The event comprises a marshalled 10 kilometre run, for more athletic participants, starting at 9.30 am, and also a shorter walk for younger, and older, families to enjoy, starting at 10.00 am, all within the grounds of Wallington Hall, which is a private estate.

This is your chance to run or stroll around the grounds, see the Magpie Centre horses and ponies grazing in their paddocks, and, if you're lucky, you might even spot a deer. We are most grateful to John and Tian Plaxton, owners of Wallington Hall, for allowing this event to take place, so do, please support the event, at which well-behaved dogs on leads are permitted.

Entry fee is £5.00 per participant, but £7.50 after June 5, so get your entries in now. Under 10's go free. To enter call John Taylor on 01553 840592, or email john.jayne1942@gmail.com or call the Magpie Centre on 01553 810202.

Parking is free, and refreshments, including a BBQ, offering locally-sourced produce, will be available all day. Proceeds will be divided between the Magpie Centre and Trinity Rotary charities.

OPEN HORSE SHOW

Sunday 2 July sees the Magpie Centre Open Show, including ridden and in-hand showing, dressage, show jumping and a handy pony competition. Details are on Horse Dates and schedules will be appearing in tack and feed shops any time soon.

THE MAGPIE CENTRE WANTS YOU

Want to take more exercise? Want to get fit? Want to help others? If so, the Magpie Centre,

home of West Norfolk Riding for the Disabled Association wants you.

Based in the idyllic grounds of Wallington Hall, South Runcton, PE33 0EP the centre is in urgent need of volunteers to help with some of its riding sessions.

The Magpie Centre gives lessons to 114 riders and carriage drivers each week. These participants are of all ages, and with a wide range of physical and learning disabilities. In some cases, a rider will need a leader for the pony, plus two "sidewalkers", one each side, to help them maintain balance, and converse with the rider to improve communication skills. This means that for four riders, no fewer than 12 volunteers may be needed

At present, the need is greatest on Mondays from 9 am to 12 noon, and from 12 noon to 4 pm; Tuesdays 4 pm to 8 pm and Wednesdays 2 pm to 6 pm, but other timeslots are also available.

If you would like to lead a quiet pony, or sidewalk a rider, this opportunity is for you – and don't worry – full training will be given.

If you can commit to just a couple of hours a week, you will become part of a friendly team, make new friends, and embark on a very rewarding activity. To find out more, call the Magpie Centre on 01553 810202.

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Community Car Scheme Drives Success



In this age of wars, famine and Brexit debate, isn't it great to read about a success story, even though it is a relatively small achievement?

Let me start at the beginning. At about 11 am on Friday, 20 January, a local resident of Middleton contacted her surgery at Grimston for an appointment to see her doctor, as her back ache was not reacting to the tablets prescribed to her earlier. Being a Friday, and with the pain intense, she asked for an 'urgent' appointment that day. It so happened that a cancellation had just been made for 12 noon for the specific doctor involved.

With but an hour to organise transport, the lady, realising that it was very short notice to ask the local community driver scheme co-ordinator to arrange for transport, she telephoned for a taxi. She had no success with this avenue and with time now a quarter past eleven, in desperation she called the co-ordinator who happened to be at home, asking for help. This is where I come in.

I, also being at home and having been told the above story, agreed to 'do the job' and dropped what I was doing and made my way to the lady's house for a pick up at 11.30 am. We made the appointment with a few minutes to spare.

During the trip, as we drivers normally do when going to a doctor's surgery, we talk normally about our health service. I happened to mention what excellent service my wife was receiving from the Macmillan Team at the Queen Elizabeth Hospital, King's Lynn. At the conclusion of the trip, at pay up time (we ask for a contribution of £3 to cover fuel) the lady gave me a £20 note and said to take the £3 fee and make a donation of the remaining cash to Macmillan.

Now, knowing that my wife and I were going to a fundraising event for Macmillan at the King's Lynn Golf Club in the very near future and unbeknown to the lady involved, I purchased £17 worth of raffle tickets for her and some for ourselves. Our lady won prizes, not one but two. One was an Easter egg the size of a rugby ball and the other a bottle of wine.

The following day, my wife and I delivered the winnings to the bewildered recipient who informed us that as a result in the change of medication she had had a painless weekend and that she was so grateful for the winning and my taking her to the doctors.

This was a success for the doctor's surgery who filled a vacant slot.

A success for the patient who was out of pain for the weekend.

A success for Macmillan who picked up £17 that they would not otherwise have had.

A **total** success for the Parish community driver's scheme for achieving yet another community enhancement.

If you want to be a community driver contact Colin Skipper (01553 842448). You too might get a buzz from this experience.

Eric Lamb

UPWELL ACADEMY SCHOOL SUMMER FAYRE



Sunday, 2nd July
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The Green, North Runcton Village, PE33 0RB
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Thursdays 2.30 – 4.30pm
Membership £15 paid quarterly in advance
For more information please contact
Denise (Organiser) 07526549454 or Janet
01553 841514.

NORTH RUNCTON PARISH COUNCIL MINUTES

Copies of the minutes from North Runcton Parish Council meetings are available on the website:
www.northrunctonpc.norfolkparishes.gov.uk.

However, if you would like a paper copy sent in the post then please contact Rachel Curtis – Clerk to North Runcton Parish Council, Tel: 01553 673043.



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ALL SAINTS CHURCH NORTH RUNCTON

COFFEE MORNING

Many thanks to all who supported us on 12th May, we made £228.50 for the church.

4 DAY FLOWER FESTIVAL Friday 2nd - Monday 5th June

The church to be open daily from 10am -5pm

Friday night: Concert at the church at 7pm with 'Karen' followed by supper at the VMP. Tickets £10 each (Lynda Fuller 01553 840553).

Saturday & Sunday: Stalls in the churchyard, refreshments and light lunches in the VMP.

Sunday Evening: Songs of Praise in Church at 6.00pm.

We are looking for lots of help prior to and during the festival. If you are spring cleaning we welcome any unwanted items for stalls. We will have a bric a brac, tombola and also a cake stall for which we need lovely homemade cakes and preserves.

Look forward to seeing as many of you as possible to make it an even better year than last.

West Winch Bowls Club

We are already into the second month of the bowls season and nearly into the third! Players have participated in all five leagues; selection for a particular team is based upon one's individual skill and ability. The team selectors ensure all members get to play competitively at least once a week, in a team where the member feels comfortable.

The practice sessions continue on a Thursday evening when the 'green' is available. Social events and Roll Ups are being arranged and details will be published on the club notice board situated at the club entrance.

There is still plenty of time to come and join us. For those who have not played before "woods" (bowls) will be provided. Flat shoes with NO heel must be worn to protect the green. All are welcome to come along and give bowls a try. Spectators are warmly invited to come along and watch the games being played. There's plenty of seating available. Home games average twice a week and are listed on the notice board.

Further information can be obtained from David on 840339 or just pop along when games are in progress. An extra special welcome is extended to all the readers of this magazine.



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WE WILL REMEMBER THEM

By Chris Dixon

Ernest Frank Mack

Ernest lived on Lynn Road, Middleton. He was the third child of Robert and Mary Mack and step-brother of Herbert Allcock, killed in March 1915 as detailed in the April/May 2015 Parish News.

He worked as a gardener and servant and enlisted in May 1915. He went to France with the 6th Buffs, East Kent Regiment a year later and was involved in the battles of the Somme and Arras as a sniper. A few months before his death he had been awarded the Military Medal, for bravery in bringing in a wounded man from no man's land under fire.

Ernest had just enjoyed ten days leave in Middleton and returned to his Battalion at the end of the Battle of Arras. A friend wrote to Ernest's parents, detailing the circumstances of his death. He was in a post in a front line trench with his friend, making observations and taking notes. They had endured some shelling earlier, but at 11.00 on 17th July a fish-tailed trench mortar landed on them, killing both. He was 23 and is buried in Faubourg d'Amiens Cemetery, Arras.



A memorial service was held in Middleton church on Sunday 19th August. The pulpit was draped in the Union Jack, surmounted with a wreath of heather, arranged by Mrs Rollin, herself recently widowed.

Henry Willgress

Henry, 32, was the second son of William and Eliza Willgress of Setch Road, Blackborough End. His brother John, one year older, had been killed in June 1916, as detailed in last year's June/July Parish News. Before enlistment he had worked for twenty years as a team man for Mr Palmer at Old Manor Farm.

Henry joined the army on 17th June 1916, eleven days before his brother's death. Initially in the Norfolk Regiment, he was posted abroad a year later and attached to the 10th Royal West Surrey Regiment (The Queen's). He arrived in Belgium just six or seven weeks before he died. He may have arrived in time to take part in the successful Battle of Messines, in which the Battalion suffered very few casualties, but at the end of the month they moved behind the lines for rest and training. During this period, without any explanation in the Battalion diary, on 24th July 7 men were killed and 6 wounded, one of whom was probably Henry.



John and Henry joined the army a year apart, both died after a short time at the front, both served in the same area of the French/Belgian border and Henry is buried in Godewaersvelde British Cemetery, less than six miles from his brother. A third brother survived the war.



George Dix Died 27 April 1917

Private, 1st/5th Battalion Norfolk Regiment.
Age 19. Wounded and died in hospital in
Cairo. Commemorated in Cairo War
Memorial Cemetery

John Robert Dix Died 17 July 1917

Private, 6th Battalion, Queen's Own (Royal
West Kent Regiment). Age 28.
Commemorated on the Arras Memorial

John and George Dix were brothers, two of
the four sons of William and Susannah Dix of
West Bilney; they also had a daughter.

*[Editor's Note: This information is taken from the
East Winch & West Bilney Community Project
web-site.]*

East Winch Parish Council Meeting 11 May

By Nell Steele

At the Annual Parish meeting, the chairman summarised the previous year as one big success (the completed installation of LED street lighting) and several small failures.

The experience of holding meetings with many people present and eager to have answers had prompted the Council to insist on 10 days warning of all but urgent matters, so that they could be on the agenda and discussed properly. The precept had not been increased this year.

For the future, the Council and residents must pull together if we wanted to adopt a Neighbourhood Plan, which would give us more control over planning, and might bring funding into the village. She thanked the councillors and, in their absence, other volunteers who do so much to benefit the village.

Keith Harrod reported that, following Terry Robertson's retirement, he was treasurer of the Village Hall Committee. Two long serving members had resigned and three new ones appointed. The accounts showed that income from bookings had not covered outgoings, but this was due to expenditure on various improvements.

Wearing his other hat as secretary of the United Charities, he reported that eight people had shown an initial interest in having an allotment, but all had been put off by the state of the unused land. He is trying to work out how to make the allotments more attractive and therefore more profitable.

Nell Steele reported that the church's Adopt a Brick scheme was bringing in money from a wide range of people, which was positive, even though the actual amount raised this way remained small, at £140 to date. A fuller account of the church's activities will be available soon.

The annual meeting was followed by a normal meeting. The chairman (Nell Steele) and vice-chairman (Keith Harrod) were reappointed. We still have a vacancy for another councillor.

Discussing uses for the phone box, Nell said it didn't matter to her if the box had no use, as, thanks to Mr Bland's efforts, it had looked so attractive all spring. Samantha Davison made a startling suggestion: what about using it as a charge-up point for hybrid vehicles? She was asked to investigate further.

The Council approved the purchase of a notice board to replace the one at the Village Hall. The clerk said that the County Council elections had guaranteed that there would be no action taken to replace the broken railings near the Old Maid's Head. But the new County Councillor, Graham Middleton, seemed approachable and here was hope something might be done.

The playing field has not been cut since early April. Keith is noting when it is cut to keep the Borough Council to its promise to cut 6 times a year.

The Council had no objections to a planning application for a storage and distribution centre at West Bilney garage.

The next meeting will be on Monday 26th June (a week earlier than usual) at 7.30pm. A representative of Norfolk Fire Service will be invited to speak to us about home fire risks and how to prevent them.

KING'S LYNN WOODTURNERS CLUB

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The club was started 20 years ago, but has recently established its new meeting place in **Middleton Village Hall**. The club meets there on the **second Wednesday of each month at 7:30pm**. The club welcomes new members and if you would like further information please call them on 01553 841294.

They will be having a special 20th birthday celebration event on **Saturday, 2 September**. Further details in the next issue.

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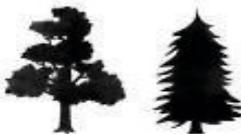


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Needleworkers Circle

Fancy joining a sewing/knitting etc circle? We are a very friendly & sociable group who would love for you to join us.

Where: Leziate Village Hall

When : **Tuesday, 13 June** 10 am - 1pm
and then every following fortnight
until Tuesday, 25 July.

Cost : £3.00

Please bring your own refreshments. Kitchen facilities can be used. Toilets & free car-park. For more information if needed please contact Joyce 01553 673949 or Jan 01553 841514.

Leziate, Ashwicken & Bawsey Women's Institute



We meet every 3rd Tuesday of the month from **2 - 4.30pm at Leziate Village Hall.**

At our meetings we have guest speakers who inform & entertain us on a variety of interesting topics or we have social activities such as games, quizzes, competitions & lunches.

20 June: Presentation from Cassie Saunders - Life as a Bailiff

July (date to be confirmed): A visit to Dersingham Flower Festival followed by lunch.

We would love you to join us for a "taster - afternoon" and if you like us perhaps consider joining our very friendly & informal group for future meetings.

For further information please call Jan 01553 841514 or Ali 01553 841267.

SUMMER GARDEN FETE

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SATURDAY, 15 JULY 2pm - 4pm

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Nar Valley Ornithological Society (NarVOS)



Indoor meetings at the Barn Theatre, Sacred Heart Convent School, Swaffham.
Access and parking from Sporle Road.

NarVOS Social Evening Including Butterflies with Graham Sherwin

Tuesday 27th June, 7.30pm

The presentation from local wildlife enthusiast Graham Sherwin will include his video footage of UK Butterflies. Graham's talk will be a highlight of this NarVOS Social evening. Also, we invite members and visitors to bring along books, photographs, paintings or anything of wildlife interest to this informal meeting.

Midnight Sun to Norfolk Winter with Dave Horsley

Tuesday 25th July, 7.30pm

Dr David Horsley is a former teacher at Gresham's School in Holt. Dave is now a keen wildlife photographer with a particular interest in Norfolk. But he has also travelled extensively, including giving talks on cruise ships. We can guess a couple of the topics of Dave's talk from its title – but will there be more?

Visitors most welcome at these meetings. Admission £2 on the night if you are not a NarVOS member. For more information about these meetings or NarVOS call Ian Black on 01760 724092.

Would you like to publicise your local event in the Parish News?

If so, please send details by e-mail to: editorofparishnews@gmail.com or by phone on 01553 849725. The deadline for the August/September issue is Friday, 14 July.

FRIENDSHIP CLUB



If you are 50+ you are most welcome to join in the activities of the Friendship Club, which meets at 2pm on the first Wednesday of the month at Middleton Village Hall. **New members very welcome.**

7 June: Visit to Downham Market Garden Centre

5 July: Strawberry Tea, with Bring & Buy

Further details from John Turtle (840280) or Pauline Crump (840053).



Cameo Café

We continue to meet on the 2nd and 4th Wednesday of each month between 2:30pm and 4:30pm in Middleton Village Hall to enjoy a pleasant sociable afternoon with tea and cake.

It is a good opportunity to meet neighbours in comfortable surroundings and the bowlers who meet at the same time are happy to join us for refreshments.

There is no charge but contributions towards expenses are very welcome.

If you feel you would enjoy this, please join us.

Hilary Hickman

Lunch Club usually meets on the 2nd Monday of the month at Middleton Hall Golf Club at 12.00 for 12.30pm. For further details contact Olive Turpin 840623.

Middleton Badminton Club

Play badminton most Monday evenings (not Bank Holidays) at the Village Hall from 7pm to 9pm. The club is friendly and always welcomes new members. Contact Nigel Gray (01553 841541) for more information.

The **Community Car Scheme** is to help villagers who have no transport, who are elderly or disabled to attend at local doctors' or dentists' surgeries, opticians, health clinics or to keep hospital appointments. A small charge is made to cover petrol expenses. If you require help or further information, or if you wish to volunteer help in any way, please contact Colin Skipper on 842448.

GARDEN FETE AT RED OAKS RECTORY LANE, NORTH RUNCTON 2 - 4 PM ON SATURDAY, 22 JULY

Proceeds this year will be shared between North Runcton Village Meeting Place Refurbishment Fund and the Queen Elizabeth Hospital League of Friends. The raffle will be in aid of St Mary's Church, West Winch.

Gifts for raffle prizes, games and the following stalls would be greatly appreciated:- tombola, cakes & preserves, plants & vegetables, books.

In order to make preparations, any help on Friday, July 21st from 2:30 pm would be much appreciated (moving tables, putting up gazebos etc).

We look forward to seeing you again this year.

Hedley Chapman 01553 840854.

MIDDLETON CHURCH COFFEE MORNINGS

Our regular Coffee Mornings continue in the church from **Saturday, 3rd June and Saturday, 1 July from 10.00 am - 12 noon.**



Future sessions will be on 5th August; and 2nd Sept.

We look forward to meeting again with our regular customers and new friends.

CARPET BOWLS



Carpet Bowls has a growing following in Middleton and the sessions are open to players from North Runcton as well. Join us at the Village Hall on Tuesday evenings at 7pm. Please wear soft flat shoes. More details from Club Secretary, Peter Wall on 840471.

ANYONE REMEMBER THIS PROTEST?



This photo was found while rummaging through some old copies of the Parish News.

The consensus of opinion of some “elders” who attend the Cameo Cafe is that it was taken in about 1972. The three men are, from left to right, Sir Christopher Brocklebank-Fowler (MP), David Cawkill, and Don Burrell.

The lady whose face is just visible to the right of Don is Gina England, the Lollipop Lady for the A47 crossing, who frequently had near misses with fast moving traffic.

Gina’s daughter, Linda, is to the left of Don Burrell, while on the extreme right is Hilary Hickman - still a contributor to the Parish News. The precise purposes of the protest are unclear, although it might have been the dangers faced by Gina the lollipop lady! If you have any more information about the protest or the people in the photo, do please contact the Editor.

LILY Advisors Visit Community Events

The popular LILY (Living Independently in Later Years) Advisors have now been out in the community for six months.

They have been having regular stands in all the libraries locally and have been out and about giving talks and taking information out all over West Norfolk and Swaffham.

They hold regular sessions in GP surgeries and hospitals and will also be having information stands in Alive Leisure Centres.

The 29 advisors are from four local charities; West Norfolk Befriending, West Norfolk Carers, West Norfolk Deaf Association and West Norfolk Mind and have a wealth of knowledge and experience.



They are also available for home visits to help older people, their families, friends and carers to find information, local organisations and social activities, using mobile technology.

Details of where the advisors will be can be found in the ‘LILY in your community’ section of the LILY online directory.

LILY Advisor, Lorraine, from West Norfolk Deaf Association, said “People often say they are not old enough for LILY but when they see the wide range of information and all the social activities on the online directory they soon change their mind! They don’t realise what support is available for them and they love that they can talk to us face to face.”

The LILY online directory includes information on health, money matters, looking after someone, volunteering, dementia guidance and help for older people to continue living safely and independently in their own home.

To request a LILY Advisor to give a talk at a group, or to find out more about LILY, please call 01553 616200. The online directory can be found at www.asklily.org.uk.

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- ♦ **Thursdays:** 9.30am - 10.40am at **The Workshop Fitness Centre, Narborough** AND 7.00pm to 8.10pm at **North Runcton Village Meeting Place**

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Church Services in June & July

Sunday, 4 June

10.00am **Middleton** Benefice Eucharist

6.00pm **N Runcton** Evening Prayer

Sunday, 11 June

9.30am **W Winch** Holy Communion

10.30am **E Winch Village Hall** Morning
Worship

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

Sunday, 18 June

9.30am **W Winch** Holy Communion

11.15am **Middleton** Morning Worship

3.00pm **N Runcton** Evening Prayer

6.00pm **E Winch** Holy Communion

Sunday, 25 June

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Worship

10.15am **N Runcton** Holy Communion

10.30am **E Winch** Morning Worship

11.15am **Middleton** Holy Communion

Sunday, 2 July

10.00am **N Runcton** Benefice Eucharist

Sunday, 9 July

9.30am **W Winch** Holy Communion

10.30am **E Winch Village Hall** Morning
Worship

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

Sunday, 16 July

9.30am **W Winch** Holy Communion

11.15am **Middleton** Morning Worship

3.00pm **N Runcton** Evening Prayer

6.00pm **E Winch** Holy Communion

Sunday, 23 July

8.00am **W Winch** Holy Communion

10.00am **W Winch** Morning Worship

10.30am **E Winch** Morning Worship

11.15am **Middleton** Holy Communion

3.00pm **N Runcton** Evening Prayer

Sunday, 30 July

10.00am **W Winch** Benefice Eucharist

Morning Worship is held each Wednesday morning at 9.30am in Middleton Church.



Mothers' Union News

Our meetings are usually at Church Farm Barn at 7.30pm on the 3rd Tuesday of each month, but for the next two months we vary from this.

On **Tuesday, 20 June** we are having our annual Quiet Day at Church Farm from 11.00am to 3:00pm. There will be an informal service and in the afternoon - after a Bring and Share lunch - Revd Heather Berry will lead the afternoon.

Our Garden Evening is at Dane House on **Tuesday, 18 July** at 7.30pm. We will have a Bring and Share Supper and a Bring & Buy sale for Mothers' Union funds. All friends are welcome - a warm evening would be lovely but it doesn't really matter as we will come inside if it is cold!

Hilary Hickman

Mobile Library Timetable

The Mobile Library timetable for our area is as follows:

MONDAYS – normally every 2 weeks. Next visits on: **5 & 19 June; 3, 17 & 31 July**

Middleton	
Village Hall	09:40 - 10:05
Fair Green	
Park Hill Estate	10:10 - 10:30
Graham Drive	10:35 - 10:50
Gate Inn	10:55 - 11:10
Middleton	
42 Hall Orchards	11:15 - 11:25
88 Walter Howes Crescent	11:30 - 11:45
St Mary's Court	11:50 - 12:00
East Winch	
Gayton Rd - Opp Windyridge	14:20 - 14:30
Town Close	14:35 - 14:45
Village Sign	15:05 - 15:15
Blackborough End	
The Green	15:20 - 15:30
The Firs	15:35 - 16:00

TUESDAYS – normally every 4 weeks. Next visits on: **13 June & 11 July**

North Runcton	
The Green	10:15 - 10:35
The Foldgate	10:40 - 10:55

PARISH CONTACTS

CHURCHES:

Priest-in-Charge: Rev Riaz Mubarak 01553 841519 E-mail: rev.riaz.mubarak@gmail.com

Middleton St Mary's

Churchwarden: Mr E Boon 840320

PCC Secretary: Gillian Boon 840320 **Treasurer:** Mr E Boon

North Runcton All Saints

Churchwarden: Mary Angelina 841519 and Mr K Matthews 842265

PCC Secretary: Mrs Ann Matthews 842265 **Treasurer:** Mrs Maggie Challis 842540

East Winch All Saints

Churchwardens: Mrs J Weavers & Mrs W Smith

PCC Secretary: Mrs J Weavers 840510 **Treasurer:** Mrs W Smith 842281

PARISH COUNCILS:

Middleton (www.middleton-news.co.uk)

Clerk: Mrs Kate Senter Tel: 841387 E-mail: middletonparishcouncil14@gmail.com

Councillors: Chair: Mick Porter 841427; **Vice Chair:** Val Ward;

Mrs M Applegate; Mrs E Barclay; Mrs V Heighton; Mr T Hewitt; Mr S McAllister; Mrs B Roberts;

Mr R Smith; Mr M Wiles.

The Council meets on the first Wednesday of the month (except August) in the Village Hall at 7pm.

North Runcton (<http://northrunctonpc.norfolkparishes.gov.uk>)

Clerk: Rachel Curtis Tel: 673043 E-mail: northrunctonparishclerk@outlook.com

Councillors: Chair: Mr R Morrish Tel: 840284; **Vice Chair:** Miss K Fuller;

Mrs A Dobbing; Mr J Fuller; Mr B Houchen; Mr J Sherry; Mr L Stevens; Mrs A Towler; Mr P Yallop.

The Council meets on the second Tuesday of each month (except August) at 7.45 pm at the Village Meeting Place.

East Winch (www.eastwinchandwestbilney.co.uk/parish-council)

Clerk: Bob Pannell Tel: 775724 E-mail: bob.pannell1@btopenworld.com

Councillors: Chair: Mrs N Steele; **Deputy Chair:** Mr K Harrod;

Ms S Davison; Mr M Place; Mr N Velzeboer; Mr A Wilson; Mr A Yarham

The Council meets every other month, normally on the first Monday of the month, at 7.30 pm in the Village Hall.

Borough Councillors: West Winch Ward: Bal Anota Tel: 07885 258442 & Peter Gidney Tel: 07885 258450. Priory Ward: Jim Moriarty Tel: 01760 755623

Other Contacts:

Badminton Club	Nigel Gray	01553 841541
British Legion	Judy Close	01553 840823
Car Scheme	Colin Skipper	01553 842448
Carpet Bowls Club	Peter Wall	01553 840471
East Winch Village Hall	Amanda Hart	01553 841236
Friendship Club	Mrs P Crump	01553 840053
Lunch Club	Olive Turpin	01553 840623
Middleton Village Hall	Mrs P Petch	01553 842149
Mothers' Union	Gillian Boon	01553 840320
N Runcton Village Meeting Place	Rachel Curtis	01553 673043

Editor: Chris Hudson; E-mail: editorofparishnews@gmail.com or call 01553 849725

Views expressed in the magazine are not necessarily those of the Editor.

The deadline for the next issue (August/September) is Friday, 14 July.